



**FIRST STEPS TOGETHER**  
SKILLS FOR LIFE

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# **CHANGING AND SHOWER FACILITIES POLICY**

**Date of last review: September 2024**

**Date of next review : September 2024**

First Steps Together strives to ensure that all children are safeguarded from abuse and have an enjoyable education experience.

This document sets out the First Steps Together policy for the acceptable use of our changing rooms.

- Groups of children will have sole use of a changing room. This reduces any risks and potential vulnerability when changing and showering.
- If adults and children need to share our changing rooms, they will do so at different times.
- Under no circumstances will staff change or shower at the same time as children using the changing rooms.
- Mixed gender groups of children will use the same changing room but at different times.
- If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers to make reasonable adjustments to changing arrangements to suit their needs.
- Mobile phones and other electronic devices must not be used in changing rooms.
- For children who may require additional support, a DBS checked member of staff will wait outside the changing rooms to allow children to call for assistance.